

Mooloolaba Osteopathy and Massage Clinic
Caloundra Osteopathic Services

PATIENT INFORMATION REGARDING FREQUENCY SPECIFIC MICROCURRENT THERAPY

Frequency Specific Microcurrent Therapy is recommended as part of your treatment plan. Microcurrent therapy is designed to reduce pain and accelerate healing for a variety of conditions with the application of a very small electrical stimulus. The device delivers specific frequencies to different areas of the body to target different tissues such as bones, tendons, ligaments, skin, muscles, nerves, blood vessels, fascia, bowel, etc. Every tissue responds to a different frequency, which enhances its cell metabolism.

There is a small risk you may feel some transient (short term) reactions to Microcurrent Therapy which may include, but are not limited to, slight dehydration if not adequately hydrated prior to treatment, toxin release, mild headaches, mild nausea or dry mouth. You cannot have Microcurrent Therapy if you have a pacemaker.

To prevent dehydration during treatment, to help with any toxin release, and to ensure the best results with microcurrent therapy, you will be asked to drink 2 litres of water daily spread throughout the day for 3 days prior to your treatment. On the day of treatment you will need to drink 1 litre of water during the hour prior to your treatment time.

Increasing detoxification is a normal byproduct of increasing cell metabolism. It is therefore recommended that you support detoxification pathways by taking Metagenics Phyto Pro and Metagenics Meta B, commencing 3 days prior to your first treatment and finishing 7 days after your last treatment. These products help to prevent any overreaction to increased byproducts of cellular metabolism by capping toxins more effectively, thereby allowing them to pass out of the body with less reaction. We offer these products to clients at a discounted price.

Microcurrent Therapy is applied by placing two warm wet cloths attached by leads to the Microcurrent machine over the required areas of the body, allowing a small electrical current to pass between the two areas. You may hear a faint buzzing noise as the operator changes from one frequency to another during the treatment. You may prefer to wear a bathing costume due to the dampness of the cloths, depending on where the cloths need to be placed.

We usually recommend 6 - 8 treatments, depending on the history of your complaint, but some cases only need 2 - 4 treatments. Further information is available at www.frequency-specific.com.