

**PATIENT INFORMATION REGARDING CONSENT TO OSTEOPATHIC CARE**

The treatments provided by this clinic are recognised as being safe and effective methods of care for many conditions. However you must recognise that there are risks associated with all health care procedures that you should be informed about. There cannot be a guarantee of results and the practitioner may not be able to anticipate all potential risks and complications associated with any proposed care. Please ensure you fill out the forms provided to the best of your knowledge. Dr Hart encourages you to raise any questions you may have regarding the information below or your treatment at any time before, during or after your appointment.

Please read the following carefully:

Osteopathic care typically involves a case history taking, physical examination relevant to the presenting complaint (which generally involves a musculoskeletal assessment and may include orthopaedic, neurological, cardiovascular or respiratory tests where relevant), and osteopathic management which includes hands on manual therapy in areas of the body that are symptomatic or areas of the body where the pain or discomfort is referred from (see the diagram below for examples), prescription of and/or supervised exercises and self management plans.

There is a small risk you may feel some transient (short term) reactions to osteopathic care which may include, but are not limited to, local pain and discomfort, headache, tiredness/fatigue, radiating pain or discomfort, paresthesia or pins and needles, dizziness, nausea and fainting.

The very rare risks associated with osteopathic care include, but are not limited to, an exacerbation and/or aggravation of an underlying condition, muscle and joint soreness or strains, fractures, disc injuries, neurological compression, strokes or stroke-like episodes.



X = source of pain

shaded area = area where pain is felt